

UNIT 5 CONTRAINDICATIONS AND CONSULTATION

UNIT 5.4 - CONTRAINDICATIONS

A contraindication is a condition that enables the client as unfit for this treatment or restricts you from performing this procedure. The condition may or may not be visible during your consultation, so it is always important to discuss contraindications with your client. Please also consult the following table of both contraindications and cautions.

CONTRAINDICATIONS & SPECIAL CARE - DO NOT PERFORM THE TREATMENT:

- **Positive reaction to a patch or sensitivity test** (*allergy*). Patch test 48 hours before procedure
- **Previous reaction experienced with the same or similar service in the past**
- **Cysts** (*A cyst is a lump of the upper or lower eyelid caused by obstruction and inflammation of an oil gland of the eyelid - also known as a meibomian, tarsal or granuloma cyst*)
- **Hordeola/Style/Styes** (*a small collection of puss/abscess on the eyelid*)
- **Blepharitis** (*an ocular condition characterised by chronic inflammation of the eyelid*)
- **Chemotherapy** (*cancer treatment*)
- **Skin Disease, skin trauma, cuts, abrasions, burns and swelling in the immediate area**
- **Weak eyelashes at therapist discretion on consultation** (*from over styling or product use*)
- **Skin Disorders in the general eye area** (*Dermatitis, Xanthelasma & Syringoma*)
- **Eye infections such as Impetigo or Conjunctivitis**
- **Eye inflammation such as Uveitis**
- **Recent operations around eyes, head or face or scar tissue in immediate areas**
- **Watery eyes**
- **Hypersensitive skin/eyes**
- **Keratitis** (*inflammation of the cornea of the eye*)
- **Alopecia** (*loss of hair*)
- **Trichotillomania** (*classified as an impulse control disorder and is the compulsive urge to pull out one's own hair*)
- **Bell's Palsy or any condition that makes closing or opening eyes difficult**
- **Any disease/disorder that causes shaking, twitching or erratic movements**

CONTRAINDICATIONS & SPECIAL CARE - REQUIRES A GP REFERRAL:

The following contraindications might still mean that the treatment can be performed however it is recommended to obtain a GP/doctors referral before proceeding.

- **Dry eye syndrome**
- **Glaucoma**
- **Post Chemotherapy**

FURTHER CONTRAINDICATIONS - FOR CLIENTS COMFORT:

The following contraindications are purely for the client's comfort and should be discussed before beginning the treatment.

- **Claustrophobia** - client is required to not open eyes during treatment
- **Hayfever/Rhinitis** - eyes may be watery
- **Contact lenses** - ensure removal before procedure
- **If using eye pads during the lash lamination treatment please ensure there is no previous history of reaction to the ingredients in the eye pad** - perform the treatment without the eye pads and opt for micropore tape to protect the lower lashes instead.